

Welsh 3 Peaks Challenge

Day Date Month Year



Contents

- Date..... 3
- Cost of event 3
- Overview 3
- How to book 3
- Itinerary 4
- Training and Preparation..... 4
- Event Grading 4
- Why choose SVL Adventures..... 5
- Terms & Conditions..... 5
- Contact Information 7

Date

Day Date Month Year

Cost of event

£210 per person (Inclusive of VAT).

Overview

The Welsh 3 Peaks Challenge is a wonderful event and will take you to the summit of the highest mountain in Wales, the highest mountain in Mid-Wales and the highest mountain in the South of the UK. This is a tough challenge with a total walking distance of about 17 miles. The combined height of the 3 peaks is almost 2,800 metres.

Snowdon - 1085m

The highest mountain in Wales at 1,085m. It is designated as a national nature reserve for its rare flora and fauna. It is also the busiest mountain in Britain. Snowdon was formed over 400 million years ago from volcanic activity and tectonic collision that forced up a mountain range as high as the Alps but has since been eroded to the mountains we now have in that area. There are many ways to reach the summit of Snowdon and the route we take will be decided nearer to the time, but it will most likely be the Pyg Track or the Miners Path.

Cadair Idris – 893m

Although this is the most climbed peak away from Snowdon, it rarely seems busy or crowded and is one of the finest peaks in Snowdonia. We take a superb route that will see us enter Cwm Cau, with its steep sides carved into Cadair Idris and the main summit of the mountain standing proudly above. The beautiful Llyn Cau, a tarn that is hemmed in on 3 sides, is breath-taking. On a clear day the views show the whole of Snowdonia to the North as well as the main peaks of the Brecon Beacons many miles to the South.

Pen y Fan – 886m

This is the highest mountain in the South of the UK, and although it is the lowest on our challenge there is a reason that it is used by the special forces as a training area. Conditions can be tough, and it is often underestimated. Although it is a very popular and busy mountain we will be taking a route that is much less trodden than the usual tourist paths. Our route also offers more dramatic and beautiful views so is well worth the extra effort required.

How to book

Bookings can be made through our Facebook page, our Website or through Eventbrite.

www.facebook.com/SVLAdventures/events

www.svladventures.com

For any questions or information please email: info@svladventures.com

Itinerary

We can tailor the dates and itinerary to suit your requirements and will discuss this in more detail with you. Please note that although the challenge is completed in under 20 hours, we need to factor in the travel time from our start point and our return journey, so the event will take place over 2 days.

Training and Preparation

We will ensure that you have all the information you need, and our expert team of experienced guides will ensure your safety throughout the event. However, the more preparation you put in before the event the greater your enjoyment and chance of success.

This is very tough challenge. These are the high mountains. The routes to the top are well trodden but do not be fooled by the number of people who ascend these mountains each year. The terrain is rugged, rocky and mountainous so please arrive prepared. You will need the correct kit. Your footwear is particularly important. If you are not used to hiking or hill-walking, then the sooner that you start training the better. For a challenge like this you need to be physically strong and fit, and mentally strong and determined. You will need to train hard. Your chance of success on any of our events can be greatly increased by being well prepared for the challenge ahead; mentally, physically and with the right equipment. If you have any questions, then please ask us.

Event Grading

This is not a technical hike, so the challenge is within your reach if you are well prepared and have trained for it, but it is hard. The lack of sleep and the long journey in the minibus will make the challenge even harder.

Our social media channels contain photographs, videos and customer reviews from all our previous trips and are a great way to engage with us and get an idea of what to expect on the event.

We use a 5-star rating system to give you an idea of what to expect on this event. This covers any technical skills that may be required, the exposure of the event to heights or edges and the fitness level required.

Technical Rating - **

Exposure Rating - ***

Fitness Required - *****

Why choose SVL Adventures

We are passionate about providing amazing events and amazing customer service. From the moment you make an enquiry about an event we will provide you with all the information and support that you need so that you can be confident in making your decision to book with us. We believe our past customers are the best judge of what we do, so please look at the reviews and comments we have received on our Facebook page from our many satisfied customers. We are the selected provider for many events for charities and corporate clients and have provided many bespoke private events such as the National 3 Peaks Challenge, The Welsh 3 Peaks Challenge and Sunrise Challenges.

Terms & Conditions

Booking

When you make a booking, you are entering into a contractual agreement with us.

Once your booking is confirmed the contractual agreement is completed and payment is due by the date on the invoice.

None payment of your invoice will result in us advising our legal representative to start payment recovery proceedings.

If any additional information is needed, or if there are any questions then we are always happy and willing to answer them.

Full payment is to be made within one week of receiving your invoice, or if there is less than 4 weeks to the event start date then full payment is due immediately.

The payment details, the payment date, and the amount due, will be shown on your invoice.

Refunds are only available in exceptional circumstances and will incur a 25% charge to cover our processing and costs already incurred with relation to your booking. We are unable to transfer a booking from one event to another.

We reserve the right to alter certain elements of our events if this is necessary due to factors outside of our control, such as the weather. This allows us to put your safety and satisfaction as a priority. For example, it may provide a safer and more enjoyable experience if we decide to take a different route that will give us more shelter from any wind and rain that has been forecast. These decisions can only be made dynamically on the event.

It is very rare for us to cancel an event, and this is only done if extreme weather conditions mean that it would be unsafe and unwise for us to continue. If an event is cancelled, then it will be rescheduled where possible, or a refund will be issued, although we cannot be responsible for other costs that you may have incurred.

Safety & Insurance

Safety will always be our number one priority. We take that responsibility very seriously and we have a continuous development approach to our own skills. All the guides that we employ on our events are experienced and qualified Mountain Leaders with up to date remote first aid qualifications. We occasionally also use assistants, who may not be fully qualified, but who are experienced and working towards gaining their qualifications. They will always be under the supervision and guidance of an experienced leader

We are fully insured through John Ansell and partners under the British Activity Holiday Insurance Services Scheme. We take every care to ensure that all our participants are safe and well looked after, but there is also an individual responsibility on the participant to listen and act upon any advice given by our leaders or assistants, to be aware of their own safety, and to act in a manner that is fitting of the outdoor environment that we are operating in. Any participant who does not adhere to instructions or guidance from any of our leaders may be putting themselves and the rest of our group at risk and as such will no longer be considered as part of our group and may be asked to leave. We will not be responsible for their safety from that point onwards.

Environment

The impact that we all have on the environment can be substantial. We work hard to keep our impact to a minimum; our processes and back office systems, our travel plans, our time in the outdoors planning the events, and the events themselves. We expect our participants to adhere to the simple guideline that we leave nothing behind. Anything that is carried on an event is taken back with us. No material, rubbish or items of any kind will be left behind, this includes banana skins, apple cores or any other matter. Noise should be kept at an acceptable level for the time of day and location. Leave only footprints, take only photographs and memories.

Dogs

We are sometimes able to allow dogs onto our walks. However, if you wish to bring your dog with you on an event, then you must let us know beforehand. Failure to do so might mean that you will be unable to take part in the event as the event or route may not be suitable for dogs.

Dogs must always be kept on a short lead and must always be under control and well behaved and you must take responsibility for your dog.

Some of the accommodation we use for our longer events do not allow dogs, so we may need to find alternative accommodation, and this may affect the price of your place on the event.

Photographs and Video

We encourage people to take photographs and video of the event. We may also take photographs and video of the event and this may sometimes include images of the people on the event. We reserve the right to use any photographs or video footage from the event, taken either by our team or by participants on the event, on our social media channels. If you do not want to be on any photographs or video, then please make us aware of this. All photographs and video remain the property of the person who took them and credit will be given to the photographer.

Intellectual Property

We spend a great deal of time, money and energy designing and developing our events. This includes route planning, checking the routes, having various options on each route, completing risk assessments and assessing accommodation. All this work produces material which is the intellectual property of SVL Adventures and cannot be reproduced.

Equipment

It is the participants responsibility to ensure that any equipment that is borrowed is returned in full working and serviceable order at the end of the event. Any unreturned items or damaged items will be invoiced at the full replacement cost.

Contact Information

For any questions or enquiries please email info@svladventures.com

We'd love you to follow us on our social media channels and spread the word of what we do. Click any of the icons below to visit our pages.



This event is organised and run by SVL Adventures, the trading name of SVL Training and Consultancy Ltd.

Registered Company Number – 8273107

VAT Number – GB151637027

We are insured through John Ansell and Partners under the British Activity Holiday Insurance Services Scheme.

All information and documents are the intellectual property and copyright of SVL Adventures.

