

Race The Dragon Ltd - Terms & Conditions



As an individual you should confirm that:

1. I am able to sit unaided in the boat.
2. I agree and are able to obey instructions given by company representatives both on and off the water.
3. I am capable of swimming a minimum 25 meters whilst wearing a personal flotation device (buoyancy aid).
4. I am physically fit and able to compete in an active aerobic exercise that should not last longer than two minutes.

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For safety reasons, the helm (steersperson) has the absolute authority to reposition persons in the boat and remove persons if the total weight or balance of the crew is such that boat handling becomes a safety issue and that such action will only be taken in exceptional circumstances.

I understand that I should inform the boat helm if I am either a weak swimmer, a non-swimmer, uncomfortable in water or have a medical condition that might affect the safety or performance on the water / during the activity. Such conditions might include but are not limited to:

- (a) I suffer from chest pains or shortness of breath
- (b) I have been told by my Doctor that I have or may have heart trouble
- (c) I have been told that my blood pressure is too high or too low
- (d) I have had fainting or dizzy spells
- (e) I have undergone a recent operation
- (f) I suffer from bone or joint problems i.e. arthritis, spinal injury etc.
- (g) There is any other reason why I should not participate in an exercise programme, which in the case of the dragon boat race should not exceed 2 minutes of active aerobic exercise per race.

This list is not exhaustive. If you are in any doubt about your fitness to compete please seek professional advice from a medical professional.

I agree I will be taking part entirely at my own risk and in the event of loss of property, personal injury or death resulting from my participation in the event, I and any representative acting for me will hold Race The Dragon Ltd. harmless from blame or suit. I understand that nothing in this agreement shall limit or exclude Race The Dragon Ltd.'s liability for: (i) death or personal injury resulting from its negligence; (ii) breach of statutory duty; (iii) criminal acts; (iv) fraud; (v) or any liability that cannot be excluded under applicable law.

The minimum age for a paddler is 16 years old on date of the event and for the drummer, 12 years old on date of the event. All participants under 18 years old are required to be accompanied by a parent or guardian.

Race the Dragon Ltd reserves the right to refuse any participant/s to take part in the activity should it deem it necessary to do so. This includes any participant/s who do not comply with the safety instructions or who is deemed to be under the influence of alcohol or drugs. The boat helm's decision is final.

To read Naomi House & Jacksplace terms & conditions regarding the event, [click here](#).